

# ROADMAP SCHEDULE FOR YOUR SCHOOL YEAR



The program is designed to start towards the beginning of each school year, in September or October, with meetings scheduled every other week: 2 meetings per month, over the course of 6-7 months. The program can be started later in the year, with meetings held weekly. Meetings are designed to be appropriately 45 minutes in length.

We recommend meeting on the same day of the week at the same time so that team members can plan other activities around a pre-set schedule.

You can make adjustments to the schedule to fit your needs and school calendar. An overview is provided below with short descriptions of each meeting.



## Introduction to TraffickSTOP

The team will get to know each other, establish the group environment, and facilitators will provide an overview of the TraffickSTOP program.



## Understanding the Issue

Team members explore the scope of the problem and other basic information about human trafficking and discuss best practices for reporting.



## Relationships in the Digital Age

Team members learn how relationship dynamics can develop online and in person. The negative consequences of sexting will also be discussed, as well as signs of abuse, teen dating violence, and cyberstalking.



## Safe at Home, Safe Online

Team members learn practices and principles that can help to keep them safe online (which will build habits for safe behaviors offline as well), and discuss what to do if they are uncomfortable or feel unsafe.



### **Protecting Your Online Presence**

Team members learn about securing their identity and information online and explore what data is collected by apps and websites.



### **Avoiding Misinformation**

Team members learn to differentiate between true and false information, and how misinformation can impact our perception of human trafficking.



### **Spotting Suspicious Behavior**

Team members learn how perpetrators of human trafficking and other crimes manipulate victims to include grooming.



### **Setting Healthy Boundaries**

Team members develop skills that can be used to set boundaries and discuss how doing so will help them build healthy relationships.



### **Gauging Community Risk**

Team members learn how human trafficking affects their communities, what work is being done to prevent it, and what resources are available to assist victims.



### **The Big Picture**

Team members connect information from previous meeting plans within the context of human trafficking by discussing risk factors and prevention tactics.



### **Hear from the Experts**

This meeting includes a guest speaker or panel discussion with law enforcement, victim services providers, survivors, or others task force members.



### **Planning Your Awareness Week**

Students brainstorm ways to engage their school and local task force partners on the topic of human trafficking and continue to prepare their Human Trafficking Awareness event(s).



### **Human Trafficking Awareness Week**

The last part of the TraffickSTOP program is an awareness week with one or more activities or events designed and organized by students to raise awareness about human trafficking in their schools and communities. The goal of Human Trafficking Awareness Week is to share the information they've learned with the larger student body.

## ABRIDGED SCHEDULE

While the TraffickSTOP program is designed to run during the whole school year, it can be implemented within a shorter period of time. TraffickSTOP was developed to be flexible and work with any school schedule. Scheduling conflicts or unforeseen circumstances (like snow days) may arise and cause changes to the program timeline. If your school plans to implement TraffickSTOP during part of the school year, here are a few recommendations for abridging the schedule.

- The meeting plans about online safety, “Safe at Home, Safe Online” and “Protecting Your Online Presence” can be combined into one meeting. You can cover some discussion questions from each of the meeting plans and can choose one of the activities from the Learning in Action sections. You can also choose one and skip the other, especially if students are provided with education on these topics within their core curriculum.
- “Relationships in the Digital Age” and “Setting Healthy Boundaries” can also be combined.
- The “Hear from the Experts” meeting plan can be incorporated into the Human Trafficking Awareness Week activities. Alternatively, a guest speaker with subject matter expertise or lived experience can be invited to participate during the “Understanding Human Trafficking” or “Gauging Community Risk” meetings.

These are suggested schedule adjustments, but you can make other adjustments to the program timeline based upon students’ needs and your school year calendar. There is additional guidance on implementing the program with an abridged schedule at the end of this document.